



WINTER BALL

Ethos is excited to continue our “Fall Ball” league for our youngest players into the Winter Season. This program is designed for players new to the game and ages 5-10 only.

The 3hrs per week will be split into ½ training and ½ games. The goal is to improve each individual player’s skills while instilling a joy of competition and the valuable lessons of teamwork & hard work.

8 WEEK SCHEDULE

1. Dec 1 & 2
2. Dec 8 & 9
3. Dec 15 & 16

Christmas/New Year’s Break

4. Jan 5 & 6
5. Jan 12 & 13
6. Jan 19 & 20
7. Jan 26 & 27
8. Feb 2 & 3

Weekly Schedule

- Friday – 5:30-7pm
- Saturday – 8:30-10am

COST

- \$125/player (includes t-shirt)

AGES

- 5-10 (broken up by ability level)

GYM ADDRESS

- 901 6th Ave S, Nashville TN 37201



BENEFITS OF WINTER BALL

- 24hrs of court time
- Weekly games/competition time
- No travel, uniforms, hotels or additional costs
- Highly trained coaching staff
- Fun way to learn the game
- Learn all 4 major skills of the game (pass, serve, set, hit)

Register at www.ethosvolleyball.com

